



Sjekkliste og egenerklæring for Tromøya Two Star 2011

etter "ISAF OFFSHORE SPECIAL REGULATIONS - Extract for Race Category 4 Monohulls"

| RULE | ITEM TO CHECK | Set X to Pass |
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| 1.02.1 | The safety of a yacht and her crew is the sole and inescapable responsibility of the person in charge who must do his best to ensure that the yacht is fully found, thoroughly seaworthy and manned by an experienced crew who have undergone appropriate training and are physically fit to face bad weather. He must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He must ensure that all safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is to be used | |
| 2.03.1 | All equipment required by Special Regulations shall: a) function properly b) be regularly checked, cleaned and serviced c) when not in use be stowed in conditions in which deterioration is minimised d) be readily accessible e) be of a type, size and capacity suitable and adequate for the intended use and size of the yacht. | |
| 2.03.2 | Ballast, ballast tanks and associated equipment shall be permanently installed. Heavy items securely fastened. | |
| 3.06 | Emergency exits. At least two exits, one forward of the foremost mast. | |
| 3.08.1 | Hatches (area > 0.071 m ²) forward of BMAX open outwards. | |
| 3.08.2 | Hatches , windows and other hull and deck openings watertight and permanently attached. | |
| 3.08.4 | Companionways watertight below sheerline. Washboards secured by lanyard. | |
| 3.09 | Cockpits shall be strong, self-draining at all angles of heel. Cockpits must be watertight. | |
| 3.09.7 | Cockpit Volume. The total volume of all cockpits below lowest coamings (cocpitkarm) (shall not include any aft of the FA station and no extension of a cockpit after working deck shall be included) shall not exceed 9% (L x B x FA) (lengde x bredde x laveste høyde av cocpitbord) | |
| 3.10 | Sea Cocks or Valves shall be permanently installed on all through-hull openings. | |
| 3.11 | Sheet Winches shall be mounted in such a way that an operator is not required to be substantially below deck. | |
| 3.12 | Mast heel securely fastened to the mast step | |
| 3.14.2 | Lifelines required in OSR shall be "taut". As a guide, 5 kg should not deflect more than 50 mm. | |
| 3.14.3 a) | A Bow Pulpit forward of the headstay with vertical height and openings conforming: upper rail at a height of no less than 600 mm above the working deck. | |



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| | The intermediate rail shall not be less than 230 mm above the working deck. No vertical opening shall exceed 380 mm. | |
| 3.14.3 a) | Bow pulpits may be opening, but the opening between the pulpit and any part of the boat shall never be greater than 360 mm. | |
| 3.14.3 b) | A stern pulpit or lifelines, with vertical openings. | |
| 3.14.3. c) | Lifelines (rekkewire) supported on stanchions (rekkestøtte) at intervals of not more than 2.20 m. | |
| 3.14.3 g) | The bases of pulpits and stanchions shall not be further inboard more than 5% of MB (båtens maksimum bredde) or 150 mm. | |
| 3.14.3 h) | Stanchion bases shall be not be situated outboard of a working deck. | |
| 3.18.2 | Toilet , permanently installed or fitted bucket. | |
| 3.19.2 | Bunks (køyer) , permanently installed. | |
| 3.22 | Hand holds properly fitted below deck. A hand hold should be capable of withstanding without rupture a side force of 1500N. | |
| 3.23.1 | No bilge pump (lensepumpe) may discharge into a cockpit unless opened aft to the sea. Shall not be connected to cockpit drains | |
| 3.23.4 | Each bilge pump handle secured with a lanyard, unless permanently installed. | |
| 3.23.5 f) | 2 buckets of stout construction of at least 9 litres, with lanyard (snor) . | |
| 3.24.1 a) | A Marine Magnetic Compass independent of any power permanently installed. Deviation card. | |
| 3.27.5 | Spare Bulbs for navigation lights shall be carried, or appropriate spares. | |
| 3.28.1.a / b | Propulsion engine , securely covered inboard with associated tanks and fuel system. All permanently installed. Separated battery to start the engine. | |
| 3.29.1 e) | Marine radio transceiver . A hand-held marine VHF transceiver, watertight or with a waterproof cover. When not in use to be stowed in a grab bag or emergency container (see OSR 4.21) | |
| 3.29.1 f) | Independent of a main radio transceiver, a Radio Receiver capable of receiving weather bulletins. | |
| 4.01.2 | Sail Numbers and Letters to be displayed by alternative means. | |
| 4.03 | Soft Wood Plugs tapered and of the appropriate size, attached to the appropriate fitting. | |
| 4.05 | At least two fire extinguishers readily accessible in suitable and different parts of the yacht. | |
| 4.06 | 1 anchor together with a suitable combination of chain and rope, all ready for immediate use. | |
| 4.07.1 b) | A Watertight Flashlight with spare batteries and bulbs. | |
| 4.08 | First aid kit and manual. | |
| 4.09 | Fog horn . | |
| 4.10 | A passive Radar Reflector . | |
| 4.11 | Navigational equipment . Charts (not solely electronic), light list and chart plotting equipment. | |
| 4.12 | Safety equipment location chart in durable waterproof material shall be displayed in the main accommodation. | |



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| 4.13.1 | An Echo Sounder or lead line shall be provided. | optional |
| 4.16 | Tools and spare parts. Means to disconnect or sever the standing rigging from the hull. | |
| 4.17 | Yacht's name on miscellaneous buoyant equipment (lifejackets, lifebuoys, etc). | |
| 4.18 | Retro-reflective material on lifejackets, lifebuoys, liferafts and lifeslings. | |
| 4.22.1 a) | A lifebuoy with a self-igniting light and a drogue or a Lifesling with a self-igniting light and without a drogue. | |
| 4.23 | Pyrotechnic Signals: 4 red hand flares; 2 orange smoke. | |
| 4.24 | A Heaving Line (kasteline) 15 m – 25 m length readily accessible to cockpit. | |
| 4.25 | A strong, Sharp Knife , readily accessible from deck or a cockpit. | |
| 4.26.3 | Materials in Storm & Heavy weather Sails: Aromatic polyamides, carbon and similar fibres shall not be used in a trysail or storm jib. | optional |
| 4.26.4 | Storm trysail with sail number and letters, or mainsail reefing to reduce the luff by at least 40%. | optional |
| 4.26.4 | Heavy-weather jib of area not greater than 13.5% height of the foretriangle squared and without reef points. Alternative method of attachment to the stay. | optional |
| 5.01.1 | Lifejacket for each crew member: ISO 12402 requires Level 150 lifejackets to be fitted with a mandatory whistle and retro-reflective material. Also, when fitted with a safety harness, ISO 12402 requires that this shall be the full safety harness in accordance with ISO 12401. Any equivalent lifejacket shall have equal requirements. Fitted with either a crotch strap(s) / thigh straps or a full safety harness in accordance with ISO 12401, Fitted with a lifejacket light Clearly marked with the yacht's or wearer's name | |
| | Note: This is an extract of the ISAF O.S.R. for Race Category 4. Full list at www.isaf.org | |

- Grønn skrift er enkelte ord oversatt til Norsk

Overnevnt sjekklister skal fylles ut og leveres til regattaarrangøren ved skippermøte. Eventuell søknad om dispensasjon fra enkelte punkter i følge lista, skal sendes senest 3 dager før regatta til turoghav@gmail.com. Samme e-post adresse kan benyttes ved evt. spørsmål og innspill til regatta.

Med dette bekrefter jeg at båten med navn: _____, seilnummer: _____ er i forskriftsmessig god stand og oppfyller overnevnte sikkerhetskrav. Eventuell dispensasjon på enkelte punkter er søkt og innvilget av regattakomiteen.

Båtens eier/skipper: _____; Mannskap: _____; Båtens lystall: _____; Gyldig lysbevis (ja/nei): _____;

Seilforening: _____; Mobiltelefonnummer som mannskapet kan kontaktes under seilasen: _____.